

Fieldwork & Expeditions

- Health and Safety in fieldwork, expeditions and adventure travel
- Thursday 21 May 2015

A one-day meeting that provides an opportunity to learn more about and discuss changes in guidance promoting safety in adventurous activities, fieldwork and expeditions in the UK and overseas.

This meeting will also mark the launch of the second edition of the *Oxford Handbook of Expedition & Wilderness Medicine*.

The event brings together organisations and individuals to provide a forum for information exchange. It will be of particular interest to those working in youth, gap, volunteering, schools and universities, adventure travel, and tourism sectors.

Topics to be covered include:

Opening address: Rebecca Stephens MBE – Leadership Coach
First British woman to climb Mt Everest & the Seven Summits. Leadership Coach

Heuristics, lemons and turkeys – avoiding accidents on school trips: Andrew Dimberline
The causes of accidents and particularly how training staff and young people to ‘spot the lemons’ can prevent incidents

The Oxford Handbook of Expedition & Wilderness Medicine – an introduction to the new edition: Chris Johnson, Lead editor

Changes in the management of frostbite and the potential role of telemedicine:
Professor Chris Imray, Centre for Altitude Space and Extreme Environment Medicine

Update on the prevention and treatment of heat-related illness: Professor David Warrell

Using altitude guidelines to train local leaders and guides, Kilimanjaro and Nepal: Dr Jon Dallimore

Pre-existing medical conditions: the challenges of non-declaration: James Moore

Delegates are invited to suggest discussion topics and / or offer presentations by contacting go@rgs.org

Date

Thursday 21 May 2015

Timing

Morning session:
Arrive 11am for 11.30am start.
Lunch 1.30-2.30pm
Afternoon session: 2.30pm-5.30pm
Bar: from 5.30pm

Venue

Royal Geographical Society (with IBG), London

Event Cost

All delegates are required to pre-book.

Cost £ 55 (incl. VAT and lunch)

If you would like to organise alternative payment options please email go@rgs.org.

To book please return a completed booking form with payment to:

Geography Outdoors: RGS-IBG, 1 Kensington Gore, London SW7 2AR

Tel: 020 7591 3030 Fax: 020 7591 3031 E-mail: go@rgs.org Website: www.rgs.org/GOseminars